

Week 2 Dinner Menu



	Monday 3-Sep	Tuesday 4-Sep	Wednesday 5-Sep	Thursday 6-Sep	Friday 7-Sep	Saturday 8-Sep	Sunday 9-Sep
	Greek Salad Toss Mixed Greens Black and Green Olives Dice Tomatoes, Diced Red Onions Diced Cucumber, Diced Red Peppers Oregano, Feta Cheese and Greek Dressing	Deli Tuesday Sliced Turkey, Roast Beef Lettuce, Tomato American and Swiss Cheese Boom Boom Sauce, Cranberry Mayo Flour Tortilla	Chicken Fried Rice Diced Chicken, Fried White Rice Scallions, Eggs Diced Bell Pepper, Diced Carrots, Diced Celery Peas Soy Sauce, Sesame Oil	Smoothie Thursday Strawberry Kiwi Bananas Frozen Yogurt Apple Juice Orange Juice	Ice Cream Floats Vanilla, Chocolate Ice Cream Root Beer, Cola, Cream Soda Chocolate Sauce Whipped Cream		
	Chicken Stir Fry Broccoli, Waterchestnuts, Bais Cut Carrots, Sliced Mushrooms, Roasted Red Peppers Tofu, Brown Rice, White Rice, Lo Mein Teriyaki Sauce, General Tzo's	Beef Stir Fry Broccoli, Waterchestnuts, Bais Cut Carrots, Sliced Mushrooms, Roasted Red Peppers Tofu, Brown Rice, White Rice Teriyaki Sauce, General Tzo's	Chicken Stir Fry Broccoli, Waterchestnuts, Bais Cut Carrots, Sliced Mushrooms, Roasted Red Peppers Tofu, Brown Rice, White Rice Teriyaki Sauce, General Tzo's	Pork Stir Fry Broccoli, Waterchestnuts, Bais Cut Carrots, Sliced Mushrooms, Roasted Red Peppers Tofu, Brown Rice, White Rice Teriyaki Sauce, General Tzo's	Shrimp Stir Fry Broccoli, Waterchestnuts, Bais Cut Carrots, Sliced Mushrooms, Roasted Red Peppers Tofu, Brown Rice, White Rice Teriyaki Sauce, General Tzo's		
	GF Jamican Beef GF Va Jasine Rice GF Va Sesame Bok Choy GF Va Roasted Dill Parsnips and Carrots	GF Sage Roasted Turkey Va Va Roasted Turnips GF Va Roasted Red Potatoes GF Va Vegetable Medley	GF Pork Chops w/Apples GF Va Roasted Sweet Potatoes GF Va Sautéed Swiss Chard GF Va Spaghetti Squash	GF Bourbon Cranberry Chicken Va Cheddar Biscuits GF Va Steamed Broccoli GF Va Brown Sugar Butternut Squash	GF Beer Battered Fish GF Va Au gratin Potatoes GF Va Roasted Corn GF Va Roasted Cauliflower	Buttermilk Fried Chicken Va Va Mashed Potatoes GF Va Grilled Zucchini GF Va Collard Greens with Black-eyed Peas Va Pasta Va Marinara Sauce	Beefaroni GF Va Roasted Mushrooms with Peas GF Va Seasoned Green Beans Va Pasta Va Alfredo Sauce
	Metz Mac Calzone Va Cheese Pizza Va Pepperoni Pizza Va Spaghetti Va Marinara and Alfredo Sauce	Va Broccoli Cheese Flat Bread Pizza Va Cheese Pizza Va Pepperoni Pizza Va Penne Va Marinara and Alfredo Sauce	Buffalo Chicken Pizza Va Cheese Pizza Va Pepperoni Pizza Va Penne Va Marinara and Alfredo Sauce	Hawaiian Pizza Va Cheese Pizza Va Pepperoni Pizza Va Shells Va Meat Sauce and Pesto Cream Sauces	White Pizza Va Cheese Pizza Va Pepperoni Pizza Va Shells Va Meat Sauce and Pesto Cream Sauces	Broccoli and Cheese Calzone Va Cheese Pizza Va Pepperoni Pizza	Sun-dried Tomatoes, Spinach and Artichoke Pizza Va Cheese Pizza Va Pepperoni Pizza
	GF Va Tomato, Okra and Corn Cakes GF Va Wild Rice GF Va Sautéed Zucchini	GF Va Mexican Quinoa GF Va Black Bean Cakes with Lime-Peppered "Mayo" GF Va Sautéed Squash	GF Va Butternut Squash, Apple and Cranberry Bake GF Va Quinoa GF Va Roasted Cauliflower	GF Va Chickpea Meatloaf GF Va Roasted Parsley Potatoes GF Va Steamed Broccoli	GF Va White Bean Ragout GF Va Citrus Rice GF Va Roasted Basil Carrots	GF Va Tomato, Okra and Corn Cakes GF Va Wild Rice GF Va Sautéed Zucchini	GF Va Mexican Quinoa GF Va Black Bean Cakes with Lime-Peppered "Mayo" GF Va Sautéed Squash
	Rubeen Sandwich Chicken Pizza Wraps GF Va Potato Wedges Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Grilled Chicken with Bacon and Swiss Cheese GF Va Beer Batter Fish GF Va House Cut Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Va Tuna Melt GF Va Cheese Burger GF Va Shoestring Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Grilled Chicken w/Mushrooms & Onions Va Roast Beef & Cheddar Wraps GF Va House Cut Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Cuban Sandwich Va Grilled 3 Cheese Sandwich GF Va House Fried Potato Chips Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Po'boy Sandwich GF Va BLT Flatbread GF Va Waffle Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Buffalo Chicken Sandwich Turkey & Cheese Sandwich GF Va Tater Tots Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla
	GF Va Macaroni Salad GF Va Wheat Berry Salad w/ Tomato Basil Vinaigrette GF Va Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Pepperoni Ranch Pasta Salad GF Va Raw Veggie Salad GF Va Spinach Dip with Fresh Homemade Tortilla Chips	Pasta and Ham Salad GF Va Black Bean & Cucumber Salad GF Va Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Sesame Chicken Pasta Salad GF Va Sweet Pea Salad with Cheese GF Va Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Pasta, Ham & Broccoli Salad GF Va Parmesan Veggie Salad GF Va Buffalo Wing Dip with Fresh Homemade Tortilla Chips	Spicy Farro, Bacon & Toasted Fennel Salad Creamy Coleslaw	Spicy Farro, Bacon & Toasted Fennel Salad Creamy Coleslaw
	GF Va Mushroom Leek Soup Italian Wedding Soup	Va Oriental Vegetable Noodle Soup GF Ham & Bean Soup	Va Cream of Broccoli Soup GF Vegetable Soup	Va Cream of Tomato Soup GF Sausage & Shrimp Gumbo	Va Veggie Cheddar Soup New England Clam Chowder	GF Hot & Sour Chicken Soup Va Cream of Asparagus	GF Cream of Mushroom Soup Va Sweet Potato Vegetable Soup

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item