

Week 4 Dinner Menu



	Monday 28-Jan	Tuesday 29-Jan	Wednesday 30-Jan	Thursday 31-Jan	Friday 1-Feb	Saturday 2-Feb	Sunday 3-Feb
BRAVO!	Fried Rice Diced Chicken, Diced Tofu, Peas, Diced Carrots, Diced Onions, Soy Sauce, Fortune Cookies	Carved Turkey Breast Assorted Rolls, Butter, Apple Butter Chicken Gravy	Baked Potato Bar Baked Potato Beef Chili and Veggie Chili Steamed Broccoli Cheddar Cheese, Chopped Bacon Butter, Sour Cream	Smoothie Thursday Pineapple Kiwi Vanilla Yogurt Crushed Ice Mint	Milkshakes Chocolate Chip Cookies Cookie Dough Ice Cream Brewed Coffee Whipped Cream Chocolate Sauce		
Deli	Italian Melt Hummus and Pita Chips with assorted Olives	BBQ Turkey Wrap Grilled PB&J	Chicken Caesar Wrap Mexican Salad Wrap	Tuna Salad Wrap Eggplant Parm Sandwich	Chicken Bacon and Avocado Sandwich Nutella and Apple on Rye		
Main Plate	Pork Caccistore Pesto Orzo Carrots with Oregano Sautéed Cabbage & Spinach with Garlic	Teriyaki Chicken with Mixed Vegetables and Cashews Basmati Rice Sesame Green Beans Corn	Meatloaf Mash Potatoes Balsamic Brussel Sprouts Roasted Cherry Tomatoes	Beef Stir Fry Vegetable Stir Fry White Rice Sweet Sour Vegetables	Baked Salmon with Caiun Cream Sauce Corn and Cheddar Quinoa Roasted Root Vegetables Collard Greens	Pork Loin Mash Potatoes Corn Peas	Grilled Steaks Roasted Four Cheese Potatoes Steamed Broccoli
VILLA TOSCANA	Breakfast Pizza Cheese Pizza Pepperoni Pizza Penne Marinara and Alfredo Sauces	Bacon Ranch Sausage Stromboli Cheese Pizza Pepperoni Pizza Linguine Marinara and Alfredo Sauces	Pizza Primavera Cheese Pizza Pepperoni Pizza Cavatappi Blush and Pesto Sauces	Pepperoni and Cheese Calzone Cheese Pizza Sausage and Banana Pepper Linguine Blush and Pesto Sauces	Hawaiian Pizza Cheese Pizza Pepperoni Pizza Shell Pasta Marinara and Alfredo Sauces	Sausage, Egg and Cheese Pizza Cheese Pizza Pepperoni Pizza Penne Marinara	Maraghrita Pizza Cheese Pizza Pepperoni Pizza Spaghetti Alfredo
GF Live Well	Gluten Free Penne with Marinara Sauce Oregano Carrots General Tso's Garbanzo	Black Bean Cakes with Lime-Peppered "Mayo" Southwestern Stuffed Sweet Potatoes Roasted Cauliflower	Tamale Pie Rice Pilaf Sautéed Zucchini	Mocoran Potato Casserole Coconut Creamed Kale Sautéed Acorn Squash	Stuffed Red Quinoa Mushrooms Roasted Vegetable Chiles Rellenos Lentils		
J. CLARK'S GRILLE	Turkey Taco Wraps Grilled Tomato, Bacon and Garlic Mavo Sandwich Crinkle Cut Fries	Cuban Flatbread BLT Quesadillas Homemade Fresh Cut Fries	All Beef Hot Dogs with Cheese Sauce Baked Italian on Focaccia Potato Wedges	Turkey Blue Cheese Burger Pizza Wraps Homemade Fresh Cut Fries	Grilled Chicken With Guacamole and Salsa French Ham and Cheese Sandwich Old Bay Fries	Shrimp PoBoy Cheese Steak Puff House Fried Potato Chips	Buffalo Chicken Flatbread Grilled Ham Steak Sandwich Tater Tots
Green Scene	Soba Noodle Broccoli Salad Russian Tomato Salad Super Food "Hoagie Dip"	Soba Noodle Broccoli Salad Russian Tomato Salad Super Food "Hoagie Dip"	Potato Salad Tri-Bean Salad Super Food "Hoagie Dip"	Potato Salad Tri-Bean Salad Super Food "Hoagie Dip"	Turkey Avocado Salad GF Cobb Salad Buffalo Chicken Wing Dip with Tortilla Chips		
duJour	Vegetable Chili Chinese Chicken Soup	Tomato Florentine Soup Chicken Tortilla Soup	Cream of Mushroom Soup 3 Bean and Ham Soup	Cream of Tomato Soup Brown Rice Turkey Soup	Beer Cheese Soup New England Clam Chowder		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item