

Week 3 Dinner Menu



	Monday 21-Jan	Tuesday 22-Jan	Wednesday 23-Jan	Thursday 24-Jan	Friday 25-Jan	Saturday 26-Jan	Sunday 27-Jan
BRAVO!	Chopping Block Chicken, Bacon, Broccoli, Onions Peppers, Tomatoes, Garbanzo Beans Croutons, Sunflower Seeds Ranch, Italian, Balsamic Dressings	Meditarianan Toss Up Grilled Chicken Black Olives, Green Olives, Cherry Tomatoes Diced Red Onions Pita Chips and Hummus	Mexican Taco Salad Mixed Greens, Shredded Cheddar Seasoned Ground Beef, Roasted Corn Roasted Black Beans, Diced Tomatoes Sour Cream, Salsa Creamy Sriracha Ranch and Ranch Dressing	Smoothie Thursday Cucumber Honeydew Orange Juice Crushed Ice Fresh Mint leaves	Banana Foster Bananas Butter, Brown Sugar Vanilla Ice Cream Caramel Sauce		
Deli	Chicken Salad	Italian Wrap	Tuna Salad	Crispy Buffalo Chicken Wrap	Teriyaki Grilled Chicken Sub		
	Hummus and Roasted Zucchini Wrap	Peanut Butter, Granola, Banana, and Jelly on Whole Grain	Red Pepper and Kale Pesto Wrap	Greek Salad Sandwich	Apple Nutella Sandwich		
Main Plate	Roasted Chicken Breast Roasted Potatoes with Red Onion Sautéed Peas with Red Peppers Sautéed Squash	Roasted Reduced Cider Pork Loin Bulgur wheat with Cranberries Sautéed Zucchini Corn on the Cob	Grilled Ham with Peach Glaze Baked Potatoes Roasted Cauliflower Steamed Carrots with Sage	Romano Chicken Alfredo Potatoes Baked Marinated Vegetables Grilled Yellow Squash	Grilled Tilapia with Dill Cream Sauce Kansas Blend Pilaf Marinated Roasted Broccoli Sautéed Green Beans	Roasted Pork Loin Mashed Potatoes Green Bean Casserole Cavatappi with Sausage and Marinara Manicotti with Alfredo Sauce	Turkey and Gravy Stuffing Mashed Potatoes Buttered Corn Cavatappi and Meatballs Cranberry Sauce
VILLA TOSCANA	Taco Pizza Cheese Pizza Pepperoni Pizza Spaghetti Marinara and Alfredo sauces	Mac and Cheese Calzone Cheese Pizza Pepperoni Pizza Spaghetti Marinara and Alfredo sauces	BBQ Chicken Pizza Cheese Pizza Pepperoni Pizza Linguine Marinara and Alfredo Sauces	Silician Stromboli Cheese Pizza Pepperoni Pizza Linguine Marinara and Alfredo Sauces	Hawaiian Pizza Cheese Pizza Pepperoni Pizza Linguine Marinara and Alfredo Sauces	Cheese Pizza Pepperoni Pizza Roasted Vegetables Pizza	Cheese Pizza Pepperoni Pizza Roasted Vegetables Pizza
Gluten-free ZONE	Carrot Osso Buco and Creamy Polenta Cauliflower Fried Rice	Grilled Seitan and Veggie Wraps w/ Sweet Garlic Aioli Roasted Potatoes with Chive Indian Summer Succotash	Crabbyless Crab Cakes Fried Green Tomatoes Basil Roasted Stew Tomatoes	Tofu Scramble Kale & Cranberry Stir Fry Roasted Artichokes	Grilled Eggplant Rollatini Quinoa and Butternut Squash Roasted Broccoli		
J. CLARK'S GRILLE	Grilled Three Cheese Sandwich Philly Cheese Steak Wrap Curly Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Cheese Burger Veggie Quesadilla Home Made Fresh Cut Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Chicken Parmesan Sandwich Beef Taco Wrap Tater Tots Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Grilled Cheese Sandwich Grilled Rueben Sandwich Home Made Fresh Cut Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Vegetable Philly Fish Sandwich with Cheese Sweet Potato Fries Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Cheese Burger Fried Shrimp House Fried Potato Chips Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla	Fried Chicken Sandwich Spicy Pork Quesadilla Tater Tots Made Upon Request Pizza Logs, Turkey Burger, Grill Cheese, Hamburger and Cheese Quesadilla
green scene	Taco Pasta Salad Apple, Fruit & Granola Salad Crunchy Cheese Dip w/ Assorted Crackers	Taco Pasta Salad Apple, Fruit & Granola Salad Crunchy Cheese Dip w/ Assorted Crackers	3 Meat Pasta Salad White Bean Salad Crunchy Cheese Dip w/ Assorted Crackers	3 Meat Pasta Salad White Bean Salad Crunchy Cheese Dip w/ Assorted Crackers	Roasted Corn Chicken Salad Mediterranean Artichoke Salad Spinach and Artichoke Dip		
duJour	Vegetable Rice Soup Chicken Corn Chowder	Italian Bean Soup Bacon and Baked Potato Soup	Minestrone Soup Cheddar Chicken Soup	Cream of Tomato Soup Irish Stew	Vegan Black Bean Soup New England Clam Chowder		

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item