

Week 1 Dinner Menu



	Monday 27-Aug	Tuesday 28-Aug	Wednesday 29-Aug	Thursday 30-Aug	Friday 31-Aug	Saturday 1-Sep	Sunday 2-Sep
BRAVO!	Beef Tacos 6" Tortilla, Ground Beef, Salsa Sour Cream, Pico, Shredded Lettuces Black Olives, Shredded Cheddar Cheese Chopped Cilantro	Breakfast Bar Scrambled Eggs, Homefries French Toast Sticks, Pork Sausage Links Cheddar Grits	Gyros Diced Chicken, Tatziki, Feta Diced Tomato, Diced Cucumbers Shredded Lettuce, Pitas	Southwestern Power Bowl Spring Mix, Chai Seeds, Quinoa Kidney Bean, Black Beans, Pico D Gallo, Cucumbers, Chopped Cilantro Grilled Chicken Chipotle Southwest Dressing	Smoothie Friday Raspberry Banana Blueberry Mango Milk Apple Juice Yogurt		
MARKET ST. DELI	Self Serve Deli Italian Melt	Self Serve Deli BBQ Turkey Wrap	Self Serve Deli Chicken Caesar Wrap	Self Serve Deli Tuna Salad Wrap	Self Serve Deli Chicken Bacon and Avocado Sandwich		
<i>Main Plate</i>	GF Pina Colada Chicken Salad Spinach Stuffed Pork Loin Three Cheese Scallop Potatoes Stewed Tomatoes Grilled Zucchini	GF V Southwestern Kale Salad Cajun Roastbeef Roasted Sweet Potatoes Sauteed Brussel Sprouts Steamed Asparagus	GF V Grilled Pineapple with Cilantro GF Grandmas Meatloaf GF Mash Potatoes GF V Sauteed Broccoli and Red Peppers GF Romanesco	GF V Mixed Berry Quinoa Salad GF Mixed Grill GF Seasoned Brown Rice GF Capri Blend Vegetables GF Roasted Corn	GF Roasted Vegetable and Barley Salad GF Beer Batter Cod GF Ranch Wedges GF Peas GF Oven Roasted Grape Tomatoes	GF Grilled Buffalo Chicken GF Macaroni and Cheese GF V Chef Choice Vegetables GF V Chef Choice Vegetables	GF Salisbury Steak GF Roasted Red Potatoes GF V Chef Choice Vegetables GF V Chef Choice Vegetables
VILLA TOSCANA	V Cheese Pizza Pepperoni Pizza V Meatball Stromboli Penne Marinara and Alfredo	V Cheese Pizza Pepperoni Pizza V Magerita Pizza Spaghetti V Pesto and Alfredo	V Cheese Pizza Pepperoni Pizza V Mac and Cheese Pizza Cavatappi Marinara and Alfredo	V Cheese Pizza Pepperoni Pizza V Chorizo Pizza Ziti V Alfredo and Marinara	V Cheese Pizza Pepperoni Pizza V Broccoli Pizza Penne Marinara and Alfredo	V Cheese Pizza Pepperoni Pizza	V Cheese Pizza Pepperoni Pizza
<i>Gluten free ZONE</i>	V GF Baked Acorn Squash GF Stewed Tomatoes GF Grilled Zucchini	V GF Buffalo Tofu GF Roasted Sweet Potatoes GF Steamed Asparagus	V GF Green Squash Pasta GF Steamed Broccoli and Red Peppers GF Romanesco	V GF Crispy Baked Sunbutter Tofu GF Seasoned Brown Rice GF Capri Blend Vegetables	V GF Kale and Black Bean Quinoa GF Oven Roasted Grape Tomatoes GF Peas		
J. CLARK'S GRILLE	Mushroom Swiss Burger Grilled Cheese Curley Fries	Caribbean Bean Burger French Dip Sandwich Straight Cut Fries	V Bacon Cheese Burger Spinach and Artichoke Flat Bread Tater Tots	V Portobella Cheese Burger Chicken Quesadilla Crinkle Cut Fries	Grilled Salmon Burger Turkey Burger Straight Cut Fries	Corn Dogs Grilled Cheese Fries	Vegetable Quesadillas Cheese Burgers Fries
GREEN LENSE	V Pina Colada Chicken Salad	V GF Southwestern Kale Salad	GF V Grilled Pineapple with Cilantro	GF V Mixed Berry Quinoa Salad	V GF Roasted Vegetable and Barley Salad		
duJour	V Cream of Vegetable Hamburger Macaroni Soup	V GF Potato Broccoli Soup GF Italian Sausage Soup	V GF Cheesy Asparagus GF Stuffed Pepper Soup	V GF Cream of Tomato GF Turkey Wild Rice Veggie Soup	V GF Vegetable Soup GF New England Clam Chowder	Chicken Noodle Soup Cream of Vegetable Soup	Beef Noodle Soup Vegetable Chili

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item