

# Week 2 Breakfast and Lunch Menu



	Monday 22-Jan	Tuesday 23-Jan	Wednesday 24-Jan	Thursday 25-Jan	Friday 26-Jan	Saturday 27-Jan	Sunday 28-Jan
	GF V Scrambled Eggs GF Turkey Sausage Patty GF Pork Bacon V Belgium Waffles GF V Potatoes O'Brien GF V Grits GF V Cage Free Eggs Made to Order Omelet Station	GF V Scrambled Eggs GF Turkey Bacon GF Sausage Patties V Chocolate Chip Pancakes GF V Baked Hash Brown Patty GF V Honey Cream Of Wheat GF V Cage Free Eggs Made to Order Omelet Station	GF V Cheesy Eggs GF Corn Beef Hash GF Pork Bacon V French Toast Sticks GF V Shredded Hash Browns GF V Cinnamon Oatmeal GF V Cage Free Eggs Made to Order Omelet Station	GF V Scrambled Eggs GF Sausage Gravy with Biscuits GF Turkey Sausage Patties V Banana Pancakes GF V Tater Tots GF V Cage Free Eggs Made to Order Omelet Station	GF V Scrambled Eggs GF Pork Sausage Patty GF Turkey Sausage Pinks V Hot Cinnamon Rolls with Maple topping GF V Home Fries GF V Apple Oatmeal GF V Cage Free Eggs Made to Order Omelet Station	GF V Scrambled Eggs GF Crispy Bacon GF Turkey Sausage Links V Waffles GF V Tater Tots GF V Grits GF V Cage Free Eggs Made to Order Omelet Station	GF V Scrambled Eggs GF Turkey Bacon GF Sausage Links V French Toast GF V Potatoes O'Brien GF V Cream Of Wheat GF V Cage Free Eggs Made to Order Omelet Station
	Self Serve Deli Italian Melt V Black Quinoa Asian Salad	Self Serve Deli BBQ Turkey Wrap GF V Curried Black Pearl Medly Salad	Self Serve Deli Chicken Caesar Wrap GF V Latin Red Quinoa Salad	Self Serve Deli Tuna Salad Wrap GF V Buffalo Chicken and Barley Salad	Self Serve Deli Chicken Bacon and Avocado Sandwich GF V Italian Pasta Salad		
	Shrimp Fajitas 6' tortilla, Pico, Salsa, Black Beans, Shredded Lettuce, Shredded Cheese Sour Cream	Pita Chip Bar Pita Chips, Hummus, Red Pepper Hummus Roasted Artichokes, Black Olives, Green Olives, Tatziki Sauce	Carved Turkey Chicken Gravy, Braised Apples Assorted Artisan Rolls	Fried Rice Brown Rice, Peas, Diced Carrots Steamed Broccoli, Diced Chicken, Soy Sauce, Sliced Green Onions	Smoothie Day Mixed Berries, Yogurt, Milk, Apple Juice, Ice		
	Buffalo Meatloaf V Whipped Sweet Potatoes GF V Sautéed Apple Cabbage GF V Oven Roasted Green Beans	Beef Pot Pie GF V Parsley Potato Wedges GF V Snap Peas GF V California Blend Vegetables	Hoisin BBQ Ribs Mac and Cheese GF V Seared Bok Choy GF V Asian Seasoned Corn on the Cob	Three Meat Lasagna V Vegetable Lasagna GF V Peas GF V Pan Seared Yellow Squash GF V Bread Sticks	Citrus Herbed Cod GF V Rice Pilaf GF V Braised Mushrooms GF V Roasted Broccoli		
	V Cheese Pizza V Pepperoni Pizza V Pesto Alfredo Vegetable Pizza V Penne V Marinara and Alfredo	V Cheese Pizza V Pepperoni Pizza V Gyro Pizza V Spaghetti V Pesto and Alfredo	V Cheese Pizza V Pepperoni Pizza V Vegetable Supreme Pizza V Cavatappi V Marinara and Alfredo V BBQ Tofu	V Cheese Pizza V Pepperoni Pizza V Garlic Bread V Ziti V Alfredo and Pesto	V Cheese Pizza V Pepperoni Pizza V Big Mac Pizza V Penne V Marinara and Alfredo V Broccoli Tofu Stir Fry V Braised Mushrooms V Brown Rice	V Cheese Pizza V Pepperoni Pizza	V Cheese Pizza V Pepperoni Pizza
	GF Bean and Leek Casserole GF V Whip Sweet Potatoes GF V Roasted Rutabagas	GF Pasta and Maranara GF V Snap Peas GF V California Blend	GF V Seared Bok Choy GF V Asian Seasoned Corn Cob	GF V Carrot Osso Bucco GF V Peas GF V Yellow Squash	GF V Spinach and Goat Cheese Quesadilla GF V Shrimp Po'Boy GF V Ranch Wedges		
	Caprese Turkey Burger GF Cuban Sandwich GF V Waffle Fries	GF Blackbean Burger with Corn Salsa GF V Corn Dogs GF V Crinkle Cut Fries	GF Cheese Burger GF V Grilled Cheese GF V Straight Cut Fries	GF Turkey Franks GF V Cheese Quesadilla GF V Chips	GF Omelet Station	GF Omelet Station	GF Omelet Station
	V Black Quinoa Asian Salad	GF V Curried Black Pearl Medly Salad	GF V Latin Red Quinoa Salad	GF V Buffalo Chicken and Barley Salad	GF V Italian Pasta Salad	V	V
	GF Mushroom Leek Soup GF V Italian Wedding Soup	GF V Asian Vegetable Noodle Soup GF Ham & Bean Soup	GF V Cream Of Broccoli Soup GF V Vegetable Soup	GF V Cream of Tomato Soup GF V Sausage & Shrimp Gumbo	GF V Veggie Cheddar Soup GF V New England Clam Chowder	GF Cream of Asparagus GF Hot & Sour Chicken Soup	GF Cream of Mushroom Soup GF Sweet Potato Vegetable Soup

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item