

Week 2 Dinner Menu



	Monday 22-Jan	Tuesday 23-Jan	Wednesday 24-Jan	Thursday 25-Jan	Friday 26-Jan	Saturday 27-Jan	Sunday 28-Jan
BRAVO!	Baked Potato Bar Three Bean Chili, Sour Cream, Carmelized Onions, Bacon Bits Sliced Green Onions, Steamed Broccoli	Crepes Cherry Pie Filling, Apple Pie Filling Chocolate Syrup, Caramel Syrup Strawberry Topping, Whipped Cream	Mexican Taco Salad Shredded Lettuce, Diced Tomatoes Diced Chicken, Salsa, Black Olives Diced Onions, Sour Cream	Smoothie Thursday Strawberry Kiwi Bananas Frozen Yogurt Apple Juice Orange Juice	Quinoa Protein Bowl Quinoa, Roasted Zucchini, Roasted Squash Sautéed Onions, Black Beans, Chickpeas, Diced Chicken Sautéed Kale		
MARKET ST. DELI	Italian Melt Self Serve GF V Black Quinoa Asian Salad	BBQ Turkey Wrap Self Serve GF V Curried Black Pearl Medley Salad	Chicken Caesar Wrap Self Serve GF V Latin Red Quinoa Salad	Tuna Salad Wrap Self Serve GF V Buffalo Chicken and Barley Salad	Chicken Bacon and Avocado Sandwich Self Serve GF V Italian Pasta Salad		
<i>Main Plate</i>	GF V Kung Pao Chicken GF V Fried Rice GF V Garlic Steamed Broccoli GF V Sweet and Sour Vegetables	GF V Grilled Pork Chops GF V Wild Rice GF V Glazed Carrots GF V Brussel Sprouts	GF V Beef Tips GF V Mash Potatoes GF V Green Beans GF V Roasted Grape Tomatoes	GF V Honey Rosted Chicken Thighs GF V Mardi Gras Pasta GF V Fried Okra GF V Sautéed Spinach	GF V Fried Catfish GF V Roasted Red Potatoes GF V Turmeric Baked Cauliflower GF V Baked Asparagus	GF V Spanish Porkloin GF V Spanish Rice GF V Chef Choice Vegetables GF V Chef Choice Vegetables	GF V Honey Carved Ham GF V Mashed Potatoes GF V Chef Choice Vegetables GF V Chef Choice Vegetables
VILLA TOSCANA	V Cheese Pizza V Pepperoni Pizza V Supreme Pizza V Penne V Marinara and Alfredo	V Cheese Pizza V Pepperoni Pizza V Spinach and Mushroom Pizza V Spaghetti V Pesto and Alfredo	V Cheese Pizza V Pepperoni Pizza V Sausage Pizza V Cavatappi V Marinara and Alfredo	V Cheese Pizza V Pepperoni Pizza V Cynthia Dessert Pizza V Ziti V Alfredo and Pesto	V Cheese Pizza V Pepperoni Pizza V Hawaiian Pizza V Penne V Marinara and Alfredo	V Cheese Pizza V Pepperoni Pizza	V Sun-dried Tomatoes, Spinach and V Artichoke Pizza V Cheese Pizza V Pepperoni Pizza V Cavatappi V Marinara and Alfredo
GF Live Well	GF V Sweet Tai Chili Tofu GF V Fried Rice GF V Garlic Broccoli	GF V Broccoli Tatzizini GF V Wild Rice GF V Brussel Sprouts	GF V Latin Quinoa GF V Green Beans GF V Roasted Grape Tomatoes	GF V Tofu Saag GF V Brown Rice GF V Sautéed Spinach	GF V Mushroom Street Tacos GF V Braised Asparagus		
J. CLARK'S GRILLE	GF V Cheese Burger GF V Vegetable Italian Flat Bread GF V Straight Cut Fry's	GF V Rubeen GF V Chicken Tenders GF V Crinkle Cut Fry's	V Pulled Pork GF V Portobello Sandwich GF V Curley Fry's	GF V Maple Glazed Turkey Burger GF V Bacon and Cheese Burger GF V Waffle Fry's	GF V Buffalo Chicken Wrap GF V Fish Tacos GF V Tater Tots	GF V Grilled Cheese GF V Beef Franks GF V Straight Cut Fry's	GF V Philly Cheese Steaks GF V Turkey Burgers GF V Straight Cut Fry's
Green Scene	GF V Black Quinoa Asian Salad	GF V Curried Black Pearl Medley Salad	GF V Latin Red Quinoa Salad	GF V Buffalo Chicken and Barley Salad	GF V Italian Pasta Salad		Spicy Farro, Bacon & Toasted Fennel Salad Creamy Coleslaw
duJour	GF V Mushroom Leek Soup GF V Italian Wedding Soup	V Oriental Vegetable Noodle Soup GF Ham & Bean Soup	V Cream of Broccoli Soup GF Vegetable Soup	V Cream of Tomato Soup GF Sausage & Shrimp Gumbo	V Veggie Cheddar Soup GF New England Clam Chowder	GF Hot & Sour Chicken Soup GF Cream of Asparagus	GF Cream of Mushroom Soup GF Sweet Potato Vegetable Soup V

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item